

FIA "RACE TRUE" ANTI-DOPING CAMPAIGN

Dear Driver or Co-driver.

We are pleased to send you herewith the 2011 Prohibited List in a format that will allow you to carry it with you easily and therefore show it to your doctor or your pharmacist every time you need to take a medicine or any nutritional supplement.

This message and this 2011 Prohibited List document give us the opportunity to remind you how important doping prevention is.

Do not forget that:

- → You are responsible for any substance that enters your body, regardless of whether or not the substance has been taken or administered intentionally.
- → If you need to use a medicine which is normally prohibited (because no permitted medicine can be used instead), you must fill in a <u>Therapeutic Use Exemption</u> request and send it to your National Anti-Doping Organisation (or directly to the FIA in certain cases specified in the regulations) for approval.
- → The content of a specific drug can vary from one country to another, so try to bring with you any drugs you need to use while you are abroad.
- → Even apparently benign drugs such as eyes drops, nose drops or throat pastilles can contain prohibited substances.
- → Be careful: nutritional supplements do not always mention all the substances they contain. So always make sure that you know what you are taking.

For additional information, please visit our FIA anti-doping webpage:

www.fia.com/en-GB/sport/anti-doping

Please contact your National Anti-Doping Organisation or your National Sporting Authority (ASN) if you have any questions.

And please note that **an FIA anti-doping e-learning course and quiz**, available in English, French, German, Spanish and Russian (and more languages in the future), will be soon available on the FIA anti-doping webpage.

Within approximately 30 minutes, it will show you all the key anti-doping points of which you MUST be aware.

So make sure you take this course. These 30 minutes could change your life by avoiding possible positive doping results caused by ignorance.

We wish you a successful and clean season!

Gérard Saillant

President of the FIA Medical Commission

Encl.: the 2011 Prohibited List in a wallet format

Geneva, 4 May 2011